



**Books Reviewed by Benjamin Garber, M.D., Director
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Lowden-Golightly, S. (1993). *Emily's Sadhappy Season*. Omaha, NE: Centering Corporation.

This is an excellent story about a little girl's reaction to the sudden death of her father from a heart attack. The story is well told and it covers the whole gamut of feelings that the child would experience in response to the loss. It shows how the mother then tries to take the father's place with limited success. The story is realistic and the emotional responses are honest and sincere. These qualities are seldom seen in children's stories about painful subjects. At the end of the story there are some helpful tips for children grieving the death of a parent. This book is highly recommended for children ages 6-10.